

Christ United Methodist Church

100 South Church Street, Waynesboro, PA 17268 717-762-7042
Online at www.facebook.com/UMCChrist
www.UMCChrist.org www.youtube.com/UMCChrist



Sunday, January 15, 2023

Order of Worship

Human Relations Day 2nd Sunday after Epiphany

Series: Spiritual Affective Disorder

(SAD- Shining a Light on the Blahs)

Today's Theme: Lighten Up

Welcome

Prelude "God Will Take Care of You" -*Martin* John Angle

Threshold Moment "Thy Word Is a Lamp" (verse 1) UMH# 601

Prayer

Song of Praise "Give to Us Laughter" (tune of "Be Thou My Vision") On Screen

Passing the Peace

Leader: May the peace of Christ be with you. *Congregation:* **And also with you.**

BREAKING OPEN THE WORD

Children's Time "Jesus Loves Me" UMH# 191

Scripture Lesson Isaiah 9:1-4 (NRSVUE)

Special Music "Tell the Story" - *arr. Karissa Dennis* CUMC Handbell Choir

Sermon "Lighten Up" Rev. Brian Lucas

BREAKING OPEN OUR LIVES AND HEARTS

Pastoral Prayer and The Lord's Prayer (*Unison*)

Offering Announcement

Sermon "Text" 570-351-1619

Song of Parting "Take Time to Be Funny" (tune of "Take Time to Be Holy") On Screen
Parting Blessing

Postlude "Psalm of Glory" - *Smith* John Angle

Prayer Requests:

Our Church and leaders
Our Government & leaders
Our UMC Missionaries
Our hurting world

Family and friends:

-who have lost a loved one
-who are experiencing health issues --
including those: in hospital, facing or
recovering from surgery, who are
sick/injured, with cancer

**SUSUMC's prayer list:*

Pleasant Gap UMC, Pleasant Gap
Newburg UMC, Newburg
First UMC, Old Forge
Trinity UMC, Danville
Baoma UMC, Baoma - Sierra Leone
Brookfield UMC, Westfield
Barts-Centenary UMC, Littlestown
Spring Run UMC, Spring Run
Cortez UMC, Jefferson Township
Grace UMC, Hummelstown
West Burlington UMC, Troy
Greene Hills Camp/Retreat Center & RV Park, Alexandria

For prayers for our **Prayer Team**: Contact Pastor Brian or David.

WEEKLY CALENDAR

Today	8:15 AM	Worship Experience
	9:30 AM	Sunday School
	10:45 AM	<i>In Person & Online</i> Worship Experience
Monday	7:00 PM	Noah's Ark Board Meeting
Tuesday	6:30 PM	Church Council Meeting <i>Contact: Pat Wolf</i>
Wednesday	8:30 AM	Prayer Breakfast <i>Contact: Herb Meininger</i>
	6:00 PM	Handbell Rehearsal <i>Contact: Dan Deatrich</i>
	7:00 PM	Choir Rehearsal <i>Contact: Mat Levine</i>
Thursday	10 AM	Newsletter Deadline (for February)
Friday	8:15 AM	Men's Bible Study <i>Contact: Herb Meininger</i>
Saturday		
Next Sunday	8:15 AM	Worship Experience
	9:30 AM	Sunday School
	10:45 AM	<i>In Person & Online</i> Worship Experience



Susannah's Pantry. *As we give the food away to needy families, we trust God to supply yet more!*
You can help by donating food. We hand out non-perishable, simple food items.
Our food pantry could use **spaghetti noodles, spaghetti sauce, jelly, and canned ham.**
Thanks for your donations!

PB READS THE BIBLE: On Tuesdays and Wednesdays, beginning on January 10th, we will be studying **Galatians**. Online via Facebook, YouTube and our website. Pastor Brian reads a chapter (more or less) of the Bible with some explanation designed to give context and understanding. Please join us on this journey through Scripture!

Prayer Breakfast meets on Wednesday mornings at 8:30 at the Parlor House Restaurant. You can order breakfast from the menu. Following the meal, we share in the Upper Room devotional for the day.

Bad Weather Note: *If Waynesboro schools are on a 2-hour delay or are closed due to the weather, then Prayer Breakfast will not meet that day.* Contact: Herb Meininger at 717-352-6130 or hmmeininger@comcast.net



Think Green. CUMC recycles to help the environment. **Don't throw those old batteries, cell phones, ink cartridges, pull-tabs in the trash.** (We recycle **aluminum** and **steel cans** within the church – **MUST BE CLEANED/RINSED.**) Bring them to the church so they can be kept out of landfills and recycled.



OUR BAD WEATHER / SNOW EMERGENCY POLICY:

Worship: Although we are usually open for worship on Sundays, there is the possibility that something might happen requiring us to cancel (snow, ice, some other emergency). Should this happen, we will activate the automatic phone messaging service "Phonevite" to notify membership. If you aren't on the phone tree (or aren't sure) please contact the office with the phone number you would want used. In the event of a closing, a worship experience will be Livestreamed at 10:45 on Facebook, YouTube, and our website.

Meetings/Activities: If the weather is at all doubtful, please contact us before coming ... contact chair/leader, check Facebook or your email, or call the church office (762-7042).

[Still not sure, contact PB at 570-351-1619]. **Your safety is always the most important thing, if you do not feel safe going out in snowy and/or icy weather, stay home -- be safe!**



Digital connection card! <https://christ-umc-413389.churchcenter.com/people/forms/412625>



Christian Education

Adult Education / Sunday School classes - Sundays at 9:30 AM

- ✚ **Frehn class** in the West Wing (old Parsonage), first room on the right. Current study: "*The Chosen*", *Season 3*; a video series produced by Dallas Jenkins. Contact is Tammy Montini
- ✚ **Senior Adult class** meets in the church Parlor, off Frank Hall. Current study: *ESCAPE the Coming NIGHT* by Dr. David Jeremiah. Contact: Herb Meininger.
- ✚ **New Beginnings class** meets in the Education Office, located off Frank Hall. New study: "*The Chosen*", *Season 1* by Dallas Jenkins. Contact Pastor Dave.

Men's Bible Study—Fridays at 8:15 AM in the Parlor. Contact: Herb Meininger.

The Lord's Prayer *(Unison)*
 Our Father, who art in heaven, hallowed be thy name.
 Thy kingdom come, thy will be done on earth as it is in heaven.
 Give us this day our daily bread, and forgive us our trespasses
 as we forgive those who trespass against us; and lead us, not
 into temptation, but deliver us from evil. For thine is the
 kingdom, and the power, and the glory forever. Amen.

“Give to Us Laughter” (tune of “Be Thou My Vision”)

Give to us laughter, O Source of our life. Laughter can banish
 so much of our strife! Laughter and love give us wholeness and
 health. Laughter and love are the coin of true wealth.

Give to us laughter as sign of deep joy; let us in laughing find
 Christian employ, joining with stars and with bright northern
 lights, laughing and praising and sharing delights.

Even in sorrow and hours of grief, laughter with tears brings us
 healing relief! God, give us laughter, and God, give us peace,
 joy of your promise among us increase.

“Take Time to Be Funny” (tune of “Take Time to Be Holy”)

Take time to be funny, rejoice in the Lord. Let laughter
 explode and have fun with God's Word. For laughter is healing,
 gives strength to the weak. God loves to see smiles, for they
 lift up the meek.

Take time to be silly, it's good for the soul Too many are
 somber, grabbing control. Let go and let God's love wash over
 your soul. Heavenly transcendence can be your life's goal.

Old Sarah and Abram - a child they lacked. But God's angels
 promised and she birthed Isaac. In Hebrew that's “laughter”,
 go check if you want. Genesis Seven-teen is where it is found.

For humor is holy, it sanctifies life, replenishes hope and oft
 softens advice. It undercuts sorrow, deflates haughty pride.
 So smile and hang on, and rejoice in life's ride.

2068

I Love You, Lord

The musical score for 'I Love You, Lord' is written on four staves of music. The lyrics are: 'I love you, Lord, and I lift my voice to wor-ship you, O my soul re-joice. Take joy, my King, in what you hear, may it be a sweet, sweet sound in your ear.' The music is in a simple, melodic style with a key signature of one flat and a 4/4 time signature.

WORDS: Laurie Klein (Ps. 35:9) I LOVE YOU, LORD
 MUSIC: Laurie Klein Irregular
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LAY MEMBERS AT LARGE NEEDED FOR AC
Important Information How to Submit Your Name for Nomination to Serve as a Lay Member at Large by January 20
 The 2023 Susquehanna Annual Conference meeting will be held May 18-20, at The Community Arts Center in Williamsport, PA. Each year, the hope is to equalize the number of clergy and lay persons attending AC, as well as to encourage a diversity of voices representing as many churches and places across the conference. To achieve this, we ask lay persons who are interested in being considered to serve as a Lay Member at Large to register for consideration.
[VIEW MORE DETAILS:](https://susumc.org/wp-content/uploads/2022/12/Lay-Member-at-Large_Register-for-Consideration.pdf)
https://susumc.org/wp-content/uploads/2022/12/Lay-Member-at-Large_Register-for-Consideration.pdf

Thy Word Is a Lamp

601

Refrain (Unison)

Thy word is a lamp un - to my feet and a
light un - to my path.

1. When I feel a - fraid,
2. Now I will not for - get your
think I've lost my way, still you're there right be - side me, and
love for me and yet my heart for - ev - er is wan - der - ing.

noth - ing will I fear as long as you are near.
Je - sus, be my guide and hold me to your side, and

Please be near me to the end.
I will love you to the end.

Chords: Eb, Bb7, Eb, Ab, Bb7, Eb, Fine, Bb7, Fm, Cm, Gm, Ab, Bb7, Ab, Eb, Bb7, Fm, Cm, Gm, Ab, Bb7, Cm, C, G, Bb7, D.C.

WORDS: Amy Grant, 1984 (Ps. 119:105)
MUSIC: Michael W. Smith 1984; arr. by Keith Phillips
© 1984 Meadowgreen Music Co. / Bug and Bear Music

THY WORD
Irr. with Refrain

191

Jesus Loves Me

1. Je - sus loves me! This I know, for the Bi - ble tells me so.
2. Je - sus loves me! This I know, as he loved so long a - go,
3. Je - sus loves me still to - day, walk - ing with me on my way,

Lit - tle ones to him be - long; they are weak, but he is strong.
tak - ing chil - dren on his kneec, say - ing, "Let them come to me."
want - ing as a friend to give light and love to all who live.

Refrain

Yes, Je - sus loves me! Yes, Je - sus loves me!

Yes, Je - sus loves me! The Bi - ble tells me so.

WORDS: St. 1 Anna B. Warner, 1860; Sts. 2-3 David Rutherford McGuire; trans.: Cherokee, Robert Bushyhead, 1962; German, *Psalter und Harfe*, 1876; Japanese phonetic transcription, Mas Kawashima, 1988; Spanish, *Himnario Metodista*, 1968
MUSIC: William B. Bradbury, 1862

JESUS LOVES ME
77.77 with Refrain

Suggestions for Laughter Possibilities

Place this card somewhere where you will see it every day and remember to expose yourself to something funny throughout the week (remember that if you don't feel like laughing, it is OK...whether you laugh or not, seeing others laugh has benefits).

Some ideas are:

- google "funny animal videos" or babies laughing
- find a movie you've laughed at before and view it
- find a stand-up comedy show to attend or watch
- gather with friends and family and tell funny memory stories

**God of Delight,
I give you thanks for good humor and joy!
Open my eyes to the light of possibilities,
even when the day ahead holds difficulties.
Be with me, near me, beside me.
Amen.**

